

May 28, 2017

**The Swim Clubs / Swim Coaches  
School Swim Teams**

Dear Swim Clubs / Swim Coaches,

We are pleased to inform you that the ***City Government of Manila through the Manila Sports Council (MASCO) and the Dapitan Sports Complex Mangement*** will host the ***Mayor Joseph "ERAP" Ejercito Estrada Languyan sa Araw ng Maynila Invitational Age Group 2017*** on ***June 24, 2017*** at the ***Dapitan Sports Complex, Dapitan, Manila.***

We would like to formally invite your Swim Club / School Swimming Team to participate in this special event. Attached herewith are the meet information, official entry form and schedule of events.

We are hoping for your participation. Thank you.

Very truly yours,

**VANGUARD PAMILOSA**  
OIC  
Dapitan Sports Complex

## MEET INFORMATION

Date: June 24, 2017 (Saturday)

Venue: Dapitan Sports Complex, Instrucion St., Dapitan, Manila

Facilities: 6 lanes 25 Meter Pool / Shower Rooms  
Airconditioned Coaches, Swimmers and Parents Area

Eligibility: Open to all invited Swim Club and School Swimming Teams

Schedule:

Warm-up	–	6:00 A.M. to 8:10 A.M.
Coaches or Managers Meeting	–	8:10 A.M.
Start of the meet	–	8:30 A.M.

Rules:

- ☞ FINA Swimming Rules to apply.
- ☞ All heats will be **TIMED FINALS**; Overhead start. **REFEREE'S DECISION** is final.
- ☞ There is no limit to the number of events the swimmer may swim.
- ☞ Age of reckoning: **Age as of the day of competition.**
- ☞ RELAY EVENTS: Maximum of one entry per team in the relay events.  
Entries should include **name of each swimmer** and their **order of swim**. Relay entries must be submitted together with the individual events. Relay order list may be changed until **8:00 A.M.** only during the meet.
- ☞ **Protest:** All protest must be in writing within 30 minutes after the conclusion of the event. A protest fee of **Php 4,500.00** should accompany the protest. During the coaches meeting, five (5) coaches from different clubs will be selected to form the Jury of Appeals.
- ☞ **Only Coaches will be entertained for any protest.**

Submission of Entries:

- ☞ Deadline for submission of entries is on June 14, 2017, **5:00 P.M.** **Email entries at: [ricpolo12@yahoo.com](mailto:ricpolo12@yahoo.com) (Please have entries confirmed to have been received)**  
Entry List will be emailed back to Coaches on or before June 19, 2017 for checking.
- ☞ Final submission of scratches is on June 20, 2017, **5:00 P.M.** Meet Programs will be emailed on or before June 22, 2017.
- ☞ Late entries will not be accepted. Only the first 350 participants will be accommodated.
- ☞ Please include complete **birthdates** (mm-dd-yyyy) of each swimmer.
- ☞ Verifiable seed times must be submitted. Otherwise, swimmers with **NO SEED TIMES** will be declared **NT** and placed at early heats.
- ☞ Coaches must make sure all information entered is true and correct.  
Along with the birth date indicated at the entry form, please have a **photocopy of the Birth Certificate and School ID** ready in case a need to inspect its authenticity arises. It will be the team's coaches who will be responsible to check the correctness of their swimmer's birth date and ages.
- ☞ **Deck entries will not be accepted except for Relay Order changes.**
- ☞ **Scratched after the scratch deadline and/or NO SHOW will be charged P 50.00 per event.**
- ☞ Entry Fee: **PHP 500.00 per swimmer .**

**AGE GROUP:**

6&Under                      9-10                                      13 – 14                                      17-Over  
7 – 8                              11-12                                      15 – 16

**RELAY**

Number of swimmers per age group in the stairstep relay events will be as follows:

<u>10 – Under</u>		<u>11 &amp; Over</u>	
8 – Under	(2) swimmers	11 – 12	(1) swimmers
9 – 10	(2) swimmers	13 – 14	(1) swimmers
		15 – 16	(1) swimmers
		17 – Over	(1) swimmers

**NOTE:**

- Swimmers may swim-up from their respective age group but can never swim down

**TEAM STANDINGS WILL BE BASED ON POINTS AS FOLLOWS:**

**Individual**

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Points	9	7	6	5	4	3	2	1

**Relay Points are doubled.**

**AWARDS:**

- ☞ Medals: 1<sup>st</sup> (gold), 2<sup>nd</sup> (silver) & 3<sup>rd</sup> (bronze) placers by Age Group.
- ☞ Trophies for Outstanding Swimmers per Age Group based on Points.
- ☞ Trophies for the Over-all team winners from Champion to 3<sup>rd</sup> Place. The highest number of points shall determine the Champion.

In case of a tie in points, the number of medals starting with the gold, silver and bronze will be considered to break the tie.

**Food & Beverage:** There shall be a caterer on site to sell food for breakfast, lunch and snack at reasonable prices.

**Team Coaches will be provided free coffee, breakfast and lunch during the meet.**

**Correspondence:**

All correspondence and queries shall be directed to :

**Coach RICHARD G. LUNA 09178638224 / 09988523457**

Email : [ricpolo12@yahoo.com](mailto:ricpolo12@yahoo.com)

**ONLY EMAIL ENTRIES WILL BE ENTERTAINED.**

For more info, call : **COACH AYEE ALCANTARA – 0995-5023697**

**ORDER OF EVENTS**  
**COMBINED AGE GROUP**

<b>Boys</b>	<b>Events</b>	<b>Girls</b>
101	50 M Butterfly 10 and Under	102
103	50 M Butterfly 11 and Over	104
105	50 M Backstroke 10 and Under	106
107	50 M Backstroke 11 and Over	108
109	4x50 M Medley Relay 10-Under (two 8-under / two 9-10)	110
111	4x50 M Medley Relay (11-12/13-14/15-16/17- Over)	112
113	4x50 M Medley Relay 10-Under (two 8-under / two 9-10) Mixed	
114	4x50 M Medley Relay (11-12/13-14/15-16/17- Over) Mixed	
	<b>BREAK</b>	
115	50 M Breaststroke 10 and Under	116
117	50 M Breaststroke 11 and Over	118
119	50 M Freestyle 10 and Under	120
121	50 M Freestyle 11 and Over	122
123	4x50 M Freestyle Relay 10-Under (two 8-under / two 9-10)	124
125	4x50 M Freestyle Relay (11-12/13-14/15-16/17- Over)	126
127	4x50 M Freestyle Relay 10-Under (two 8-under / two 9-10) Mixed	
128	4x50 M Freestyle Relay (11-12/13-14/15-16/17- Over) Mixed	

Note: Mixed Relay – 2 Boys / 2 Girls

**MAYOR JOSEPH "ERAP" EJERCITO ESTRADA  
LANGUYAN SA ARAW NG MAYNILA  
INVITATIONAL AGE GROUP 2017**

**S W I M M I N G  
W A R M U P G U I D E L I N E S**

All lanes in the Competition Pool are CIRCLE SWIMMING ONLY, until 7:00 A.M. when the competition pool converts to the following diagram.

**TURNING END**

<b>6</b>	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
		<b>Circle Only</b>	<b>Circle Only</b>		
<b>15m Dive Sprint Only</b>	<b>25m Dive Sprint Lane</b>	<b>Circle Only</b>	<b>Circle Only</b>	<b>25m Dive Sprint Lane</b>	<b>15m Dive Sprint Only</b>
<b>6</b>	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>

**COMPETITION POOL    START / FINISH END**

**Competition pool:**

There is NO DIVING AT ALL until 7:00 A.M., then diving is only allowed in those lanes marked to do so.

There is NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position.

No paddles are allowed during warm up.